

INSTRUCTIONS FOR SCHEDULING YOUR HYSTEOSALPINGOGRAM (HSG)

Your physician has requested that you have a hysterosalpingogram during one of your treatment cycles. A hysterosalpingogram (HSG) is an X-ray study used to diagnose blockage of the fallopian tubes and abnormalities of the uterus and cervix. This procedure may only be done during a specific time in your menstrual cycle usually when you have stopped bleeding and before the ovulatory period begins. Please follow the steps below to assist our office in scheduling your procedure.

STARTING THE PROCESS

1. Call your primary office (Evanston: 847-869-7777, Downers Grove: 630-960-2570 or CDH/Winfield: 630-221-8131) with Day 1 (the first day of full flow) of your menstrual cycle. If this occurs on a weekend or holiday, please call us on the next business day. HSG's are performed by your physician, or another qualified physician, at our Center's Tubal Evaluation Center. Your procedure will generally be scheduled on day 6 through 12 of your cycle. It is very important that you tell us if you have any drug allergies or allergies to shellfish, history of pelvic infection, mitral valve prolapse (MVP), a heart murmur or any other condition that requires pre-medication with antibiotics.

PROCEDURE TIME

2. A member of our nursing staff will contact you with the date and time of your HSG. Every effort is made to coordinate your requests, physician schedules, and fertility availability. Please recognize that it is sometimes necessary to schedule procedures at a time that is not your first choice. When our office calls with your HSG reservation, please fill in the information below as a record of your procedure:

Date:

Procedure Time:

Arrival Time:

(20 minutes before your scheduled HSG time)

Facility:

Rinehart Center – Evanston Office
2500 Ridge Avenue, Suite 200
Evanston, IL 60201
(847) 869-7777

PRE MEDICATION

3. Please take 500-1000 mg of acetaminophen (eg. Tylenol) at least one hour before the scheduled time of your procedure. Please do not take any aspirin products within 72 hours before your procedure. Our staff will talk with you when you arrive at the Center to decide if any further medication would be helpful to you during your procedure.

ARRIVAL AT THE CENTER

4. Arrive at the Center at least twenty minutes before your scheduled procedure time so you can register at the front desk. A staff member will then admit you to the Center and review the procedure with you. Please read the attached explanation of an HSG before you get to the Center.
5. Your visit to our Center should take about one hour. Please make sure that you have a responsible driver with you at the time of your procedure to drive you home.